

Top Tips to help you find & work with a mentor

Part
1

Taken from the blog 'Finding and working with a mentor'
by Dr Kay Guccione and Dr Steve Hutchinson

How to choose a suitable mentor



Look for a mentor based on their:

- People skills
- Track record of developing others
- Leadership approach
- Career context
- Specialism



Being 'more senior' doesn't necessarily mean 'better mentor'



Make sure their values and world views align with yours

Ask yourself these questions

- 1 Will they keep what you say **confidential**?
- 2 Will they **listen carefully** first, before advising or making suggestions?
- 3 Can they make this **partnership** about you, not them?
- 4 Is it important to have a mentor from a specific **gender or ethnicity**?
- 5 Is it important that they have particular **experience** in an area close to you?

You should also consider



The ability to seek new challenges, as well as validation



You won't have the opportunity to learn anything new if your mentor doesn't offer you different perspectives and support you to evaluate the rationale for your ideas and decisions about the way forward



Setting your learning objectives and choosing a mentor who can support them

[Click here to read the full blog](#)