Top Tips to help you find & work with a mentor

Part 1

‘Taken from the blog ‘Finding and working with a mentor’ by Dr Kay Guccione and Dr Steve Hutchinson

How to choose a suitable mentor

Look for a mentor based on their:
- People skills
- Track record of developing others
- Leadership approach
- Career context
- Specialism

Ask yourself these questions

1. Will they keep what you say confidential?
2. Will they listen carefully first, before advising or making suggestions?
3. Can they make this partnership about you, not them?
4. Is it important to have a mentor from a specific gender or ethnicity?
5. Is it important that they have particular experience in an area close to you?

You should also consider

- The ability to seek new challenges, as well as validation
- You won't have the opportunity to learn anything new if your mentor doesn't offer you different perspectives and support you to evaluate the rationale for your ideas and decisions about the way forward
- Setting your learning objectives and choosing a mentor who can support them

Click here to read the full blog