

Health Literacy and School-based Health Education

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Afterword: L. Leger

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What is it and why should we care?

Background

General literacy versus health literacy

Causes of inadequate health literacy

Solutions

Chapter 2. Health literacy, health and academic status

Impact of health illiteracy-health and academic outcomes

Role of schools in promoting health literacy

Chapter 3. Healthy literacy skills needed by children, teachers and parents

Healthy literacy skills needed by teachers and parents

Specific health issues e.g. diabetes education; asthma; tobacco smoking;

drug abuse; risky sexual behaviours; bullying; overweight and physical inactivity

Chapter 4. Strategies for Measuring and Maximizing Health Literacy of Youth

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Classroom-based practices across academic disciplines

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Current initiatives and best practices; evaluation of approaches and 'what works'

Chapter 5. Secondary strategies for maximizing health literacy of youth
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Role of environment, resources, collaboration.
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For youth
For pediatricians
For policy makers, funders, and administrators

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